Be on my best behaviour; listen to the chosen speaker, do not interrupt, be kind, be polite and follow instructions.

Wear sensible clothes.

Sit in a family room, such as a the living room, kitchen or office; never a bedroom, toilet or bathroom.

Have one of my parents, grandparents or carers in the room with me during the call.

Have a suitable background.

Never record or take photos of the video call.

Mute the microphone and turn off the camera when my teacher tells me to.

Leave the call when my teacher tells me to.

